

Reconnecting Seniors Calendar

February 2026

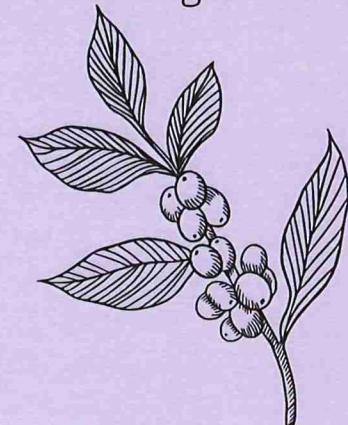
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<ul style="list-style-type: none"> Yoga 26 Aqua Fit Fit for Function Pickleball 	<ul style="list-style-type: none"> Petanque 27 Senior Circuit Senior Strength Pro Dance Steady As You Go 	<ul style="list-style-type: none"> Aqua Fit 28 Pickleball Fit for Function Dance Legends 	<ul style="list-style-type: none"> Petanque 29 Senior Circuit Dance Legends 	<ul style="list-style-type: none"> Aqua Fit 30 Pickleball Fit for Function Senior Strength 	31	<ul style="list-style-type: none"> Petanque 1 Pickleball Sunday Boogie
<ul style="list-style-type: none"> Yoga 2 Aqua Fit Fit for Function Pickleball 	<ul style="list-style-type: none"> Petanque 3 Senior Circuit Senior Strength Pro Dance Steady As You Go 	<ul style="list-style-type: none"> Aqua Fit 4 Pickleball Fit for Function Dance Legends Dementia-Mate 	<ul style="list-style-type: none"> Petanque 5 Senior Circuit Dance Legends Aspiring Wanderers 	<ul style="list-style-type: none"> Aqua Fit 6 Pickleball Fit for Function Senior Strength Primetimers Seniornet 	7	<ul style="list-style-type: none"> Petanque 8 Pickleball Sunday Boogie
<ul style="list-style-type: none"> Yoga 9 Aqua Fit Fit for Function Stay Strong Pickleball Coffee Connection Dementia carer support group 	<ul style="list-style-type: none"> Petanque 10 Parkinson's Exercise Class Senior Strength Pro Dance Steady As You Go 	<ul style="list-style-type: none"> Yoga 11 Aqua Fit Pickleball Fit for Function Stay Strong, Stand Tall Dance Legends Dementia-Mate 	<ul style="list-style-type: none"> Petanque 12 Dance Legends Aspiring Wanderers 	<ul style="list-style-type: none"> Aqua Fit 13 Pickleball Fit for Function Dementia carer support group Senior Strength WānaKai 	14	<ul style="list-style-type: none"> Petanque 15 Pickleball Sunday Boogie
<ul style="list-style-type: none"> Yoga 16 Aqua Fit Fit for Function Stay Strong Pickleball 	<ul style="list-style-type: none"> Petanque 17 Parkinson's Exercise Class Senior Strength Pro Dance Steady As You Go 	<ul style="list-style-type: none"> Yoga 18 Aqua Fit Pickleball Fit for Function Stay Strong, Stand Tall Dance Legends Dementia-Mate 	<ul style="list-style-type: none"> Petanque 19 Dance Legends Dementia Coffee Group Aspiring Wanderers 	<ul style="list-style-type: none"> Aqua Fit 20 Pickleball Fit for Function Senior Strength 	21	<ul style="list-style-type: none"> Petanque 22 Pickleball Sunday Boogie
<ul style="list-style-type: none"> Yoga 23 Aqua Fit Fit for Function Stay Strong Pickleball Age Concern Drop-in Session 	<ul style="list-style-type: none"> Petanque 24 Parkinson's Exercise Class Senior Strength Pro Dance Steady As You Go 	<ul style="list-style-type: none"> Yoga 25 Aqua Fit Pickleball Fit for Function Stay Strong, Stand Tall Dance Legends Dementia-Mate 	<ul style="list-style-type: none"> Petanque 26 Dance Legends Dementia Coffee Group 	<ul style="list-style-type: none"> Aqua Fit 27 Pickleball Fit for Function Senior Strength WānaKai 	<ul style="list-style-type: none"> Saturday Socials 28 	<ul style="list-style-type: none"> Petanque 1 Pickleball Sunday Boogie

Coffee Connection

Morning tea and a chat.
All seniors welcome.

Monday, February 9th
from 10.00am

Wānaka Community
Hub
34 McDougall Street



Featured events - Times and information - February

For further information contact: 03 443 7799 or pop in to see us at: Wānaka Community Hub,
34 McDougall Street,
www.communitylink.nz



Dementia-Mate Wareware HomeShare (for people with dementia living in the community)

Wednesdays 10am-1pm

To register contact Karin 022 535 474, hscoordinator@alzheimersotago.org.nz

Aspiring Wanderers: for people with mild to moderate dementia

Thursdays 10am-1pm

Registration Required - Contact Robyn: 027 441 4001 or wanaka@alzheimersotago.org.nz

Dementia Coffee Group (for people with dementia and their care partners)

Last Thursday of the month: 10.00 - 11.30am

Enquiries Robyn 027 441 4001 or wanaka@alzheimersotago.org.nz



Coffee Connection: seniors morning tea and casual chat

Second Monday of the Month | 10.00 - 11.30am | Wānaka Community Hub

Contact Community Link: 03 443 7799 | info@communitylink.nz

Dementia Carer Support Group (for people supporting someone with dementia)

Wānaka and Hāwea- monthly Mondays or Fridays

Inquiries Robyn 027 441 4001 or wanaka@alzheimersotago.org.nz

WānaKai: Cook, connect and enjoy a shared lunch - no skills required. All Welcome!

Every second Friday | 11.30am - 2.00pm | Wānaka Community Hub

Booking essential. Contact Diana: mansondiana@gmail.com

Fit for Function: Fitness classes every Monday, Wednesday and Friday 9.45 - 10.15am at NRG

MSD Consults: for senior queries about NZ Super or disability

No onsite clinic this month please contact Community Link: 03 443 7799 |

info@communitylink.nz for more information.

Yoga - Paetara Aspiring Central

Monday | Seniors yoga 9.15am -10.15am | Wednesday 9.15am - 10.15am (for the young at heart). Contact Fiona: email fiona.gallagher@qldc.govt.nz

Senior Strength Class: Every Tuesday 11am-12pm and every Friday 10.30 - 11.30am at Paetara Aspiring Central. \$15 to attend or \$12 per class if you book 10.

For enquiries contact Elaine hell@elainekellywellness.com or 027 6541452

Pro Dance for Seniors and Dance Legends 60+ - Paetara Aspiring Central

\$20 to attend. For enquiries contact Nina: nina@prodancenz.com

Steady As You Go© (SAYGo) is Age Concern Otago's peer-led exercises

Every Tuesday 1 and 2pm at St John's Rooms. Contact 03 448 7075

Petanque: social and fun boules sport

Tuesdays, Thursdays & Sundays: 10am-12pm

Grace Wright Drive, Three Parks. Contact Mary: 021 069 0374

Pickleball: \$5 per class - Wānaka Rec Centre.

Monday, Wednesday, Friday & Sunday 9am -11am.

PrimeTimers: Membership - \$30 per year

Meeting: First Thursday of the Month | 2.00 -3.30pm | Wānaka Presbyterian Church

Outing: To be advised - Contact Helen Millar: 021 043 1054 | ucsc.club@gmail.com

Senior Circuit: Prevention on Point - \$20 per class (ACC registered Strength and Balance class)

18 Infinity Drive.

To pre-register or inquire contact Jo on 0212983436 or hello@preventiononpoint.com

Every Tuesday at 8.55am and 10am, Every Thursday 10am -11am (ending mid-December for this year)

Stay Strong Stand Tall (balance & strength class for over 65s)

Contact Ashley on 0220311415 or hello@synapticphysio.co.nz

Monday: 9:15am at St John's Wānaka

Wednesdays: 9:15am class at St John's Wānaka (except 12.11.25- no class)

Parkinson's Exercise Class: Tuesdays 11am-12:15pm at the Wānaka Rec Centre.

Wise Ones- A friendship and support group for those over 60 years of age.

Includes Art & Craft Group, Film Club, Card Group and, Senior Exercise Group in Lake Hāwea. Contact Colleen Carr for more information: chc.lhnz@gmail.com or 027 393 5322

SeniorNet - provides a community learning network that supports and motivates people to confidently use technology in their everyday lives

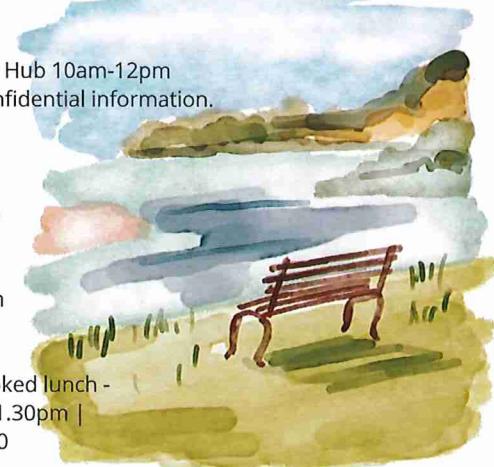
First Thursday of the month 10.00am-12.00pm at the Presbyterian Church Community Hall

Contact Jan for further details wanaka@seniornet.nz

Age Concern Drop-in Session - Wānaka Community Hub 10am-12pm

Offers seniors the opportunity to access free and confidential information.

For more information contact 03 448 7075 or central@ageconcernotago.co.nz



Aquafit: \$5.30 to attend - Wānaka Recreation Centre

Monday | Wednesday | Friday 8.00 - 8.45 am

Sunday Boogie- At Albie Tavern in Alberttown 4-6pm

\$10 to attend. Contact Nina: nina@prodancenz.com

Saturday Socials: morning tea, bingo and home-cooked lunch -

\$5 for lunch Last Saturday of the Month | 10.30am - 1.30pm |

St John Rooms, Link Way | Contact Dell: 021 111 5940