

HE PĀNUI PĀERA WAI

E WHAIMANA ANA I TĒNEI WĀHI, KIA PUTA RAWA MAI HE PĀNUI KĒ

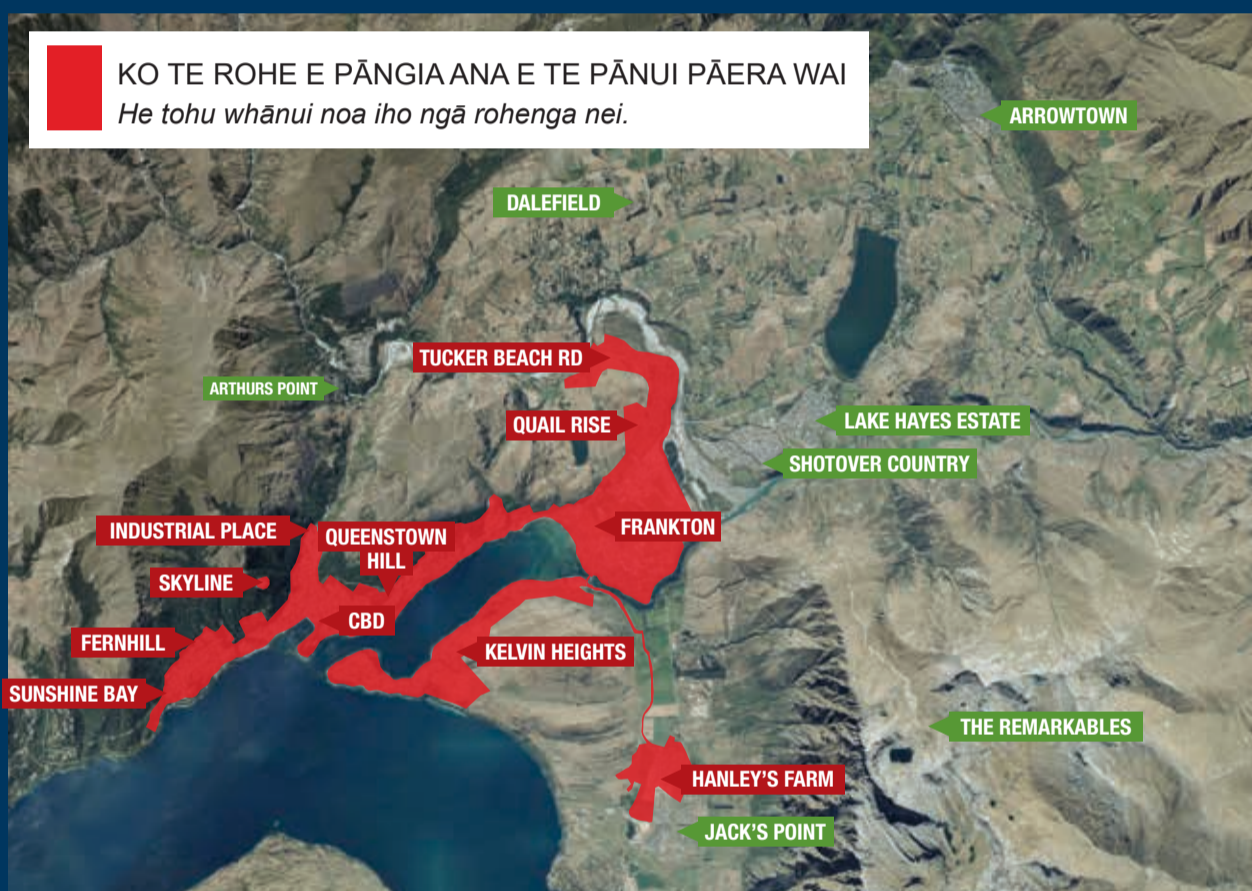
Kua puta mai tēnei pānui i muri mai i te whakatūturutanga o te pāngia o ētehi tāngata e te māuiui nā te moroiti protozoa ko 'cryptosporidium' te ingoa. Kāore anō kia mōhiotia te puna i puta mai ai tēnei raru, heoi, kei te tiroirohia te pūnaha wai inu. I tēnei wā, e whaimana ana tētehi pānui pāera wai hei tiaki i te hauora o te hapori.

KO NGĀ WĀHI E WHAIMANA NEI TĒNEI PĀNUI

E whaimana ana tēnei pānui pāera wai kia puta rawa mai he pānui kē, mō ngā whare katoa e hono ana ki ngā paipa wai a te Kaunihera i ēnei wāhi:

- > Queenstown Town Centre (tae atu ki Industrial Place)
- > Queenstown Hill
- > Frankton Road me ngā wāhanga o te tāone kei runga i Frankton Road
- > Fernhill me Sunshine Bay
- > Frankton, tae atu ki Five Mile, Remarkables Park me Glenda Drive
- > Quail Rise, tae atu ki Tuckers Beach Road
- > Kelvin Heights
- > Hanley's Farm

Anei he mahere whenua nō ngā wāhi kua pāngia:



KO TE ROHE E PĀNGIA ANA E TE PĀNUI PĀERA WAI
He tohu whānui noa iho ngā rohenga nei.

ME PĒNEI KOE

Mehemea e noho ana koe ki tētehi wāhi kua pāngia, ahakoa e noho ana ki reira mō te wā poto noa, mehemea e mahi ana koe ki reira, e whakahaere pakihi ana rānei ki taua wāhi, tēnā, pāerangia ō wai inu katoa mō te kotahi meneti, mō te wā roa ake rānei (whakamahia rānei he wai kua pāerangia kētia) i mua i te:

- > Inu i te wai (tae atu ki ngā inu mātao, ki te tio rānei)
- > Taka kai (tae atu ki te horoi i ngā kai mata pērā i te huamata, ki ngā hua whenua me ngā hua rākau)
- > Whakarite paura miraka mā te pēpi, mā te tamaiti nohinohi rānei
- > Horoi i ngā taputapu kai
- > Paraihe i ngā niho
- > Tuku i te wai ki ngā mōkai

Ehara i te mea me pāera i te wai mō te horoi i te tinana, mō te horoi i ngā kākahu, mō ētehi take kē rānei. Kia tūpato i a koe e horoi ana i ngā pēpi me ngā tamariki nohinohi, kei horomia te wai.

MEHEMEA E RONGO ANA KOE I TE MĀUIUI

Ko ngā tohumate o te cryptosporidium e kaha kitea ana ko ngā mamae parerori o te puku me te tororere e waiwai ana, e haunga ana. Mehemea e noho ana koe ki tētehi wāhi kua pāngia, ahakoa kei reira koe mō te wā poto noa, mehemea e mahi ana rānei ki reira, ā, kua pāngia koe e ēnei tohumate, waea atu ki tō tākuta ā-whānau, ki a Healthline rānei, ki 0800 611 116, kia arahina utukoretia ai koe e tētehi nēhi whai rēhitatanga, 24 hāora i te rā, 7 rā i te wiki.

ME PĒHEA TE AUKATI I TE HŌRAPA HAERE O TE MATE

Ko te āta horoi i ngā ringaringa te mea pai katoa ka taea e koutou ko tō whānau hei aukati i te hōrapa haere o te mate cryptosporidium (crypto). Arā, kia kōmukumukutia ngā ringaringa ki te hopi me te wai mō te 20 hēkena, mō te wā roa ake rānei, kātahi ka āta whakamaroketia ki te tāora mā.

He whakamāramatanga anō, he pānui hou kei www.qldc.govt.nz/crypto

He whakamāramatanga mō te cryptosporidiosis, tae atu ki ōna tohumate me ōna rongoā, kei healthed.govt.nz/products/cryptosporidium-and-giardia